

CARRIE BRASSLEY YOGA

Terms & Conditions

Definitions

Carrie Brassley Yoga will be referred to as CBY.

Health & limitations of liability

In their interests, before taking part in any class, online or in a studio, new students must fill in the CBY registration form in full and provide accurate answers to the questions concerning their health.

It is the student's responsibility to ensure that they are capable of undergoing a routine of exercises provided by any programme which they follow, or class which they attend.

Students accept the risk of injury from performing exercises and are advised to consult their doctor prior to beginning any session if they have any concerns. Students must provide full details to CBY before taking part in classes of any injury, sickness or other problem which might affect them.

Students must always notify CBY of any circumstances in which new or developing health problems might be adversely affected by exercise.

It should be understood that CBY staff are not medically trained and will therefore not be qualified to assess whether the student is in good physical condition and/or that the student can engage in any exercise without detriment to the student's health, safety, comfort or physical condition.

Where classes are held in a studio or event space, CBY accepts no liability for injury to students on the studio premises or outside the studio except insofar as such loss, damage or injury is by law incapable of exclusion.

Personal belongings are brought onto any studio premises at the students' own risk.

Class etiquette

Please arrive at least ten minutes before the start of a class so the class can begin on time.

Please indicate to the teacher should you need to leave the room during the class so they can ensure you are safe. We strongly recommend that you stay for the whole class.

Cancellations & no show policy

We understand that circumstances change unexpectedly. Cancellations for private classes must be made 48 hours before the start of the class to receive a full refund. Cancellations within 48 hours of the class are subject to 50% of the class price. If a student does not turn up to a private class they are booked into and has not notified CBY, they will be required to pay in full.

Cancellations for group classes, both online and in studios must be made within 24 hours of the class, and will receive a full refund. Cancellations thereafter are required to pay in full. If a student does not turn up to a class they are booked into and has not notified CBY, they will have to pay in full.

Data protection

CBY may, if a student agrees, communicate with the student by email. By providing an email address to CBY, the student accepts the risk that email may not be a secure and confidential means of communication. CBY takes all reasonable steps to ensure that your information is secure. In order to prevent unauthorised access or disclosure we have done our best to put in place suitable procedures to safeguard the information we collect online.

However we cannot guarantee the security of any information you disclose online. By using the CBY website you accept the inherent security implications of dealing online and will not hold CBY responsible for any breach of security unless such breach has been caused by CBY's negligence. If you currently receive marketing information from us which you wish to cancel, please email us at carrie.brassley.yoga@gmail.com

If you have previously agreed to us using your personal information for direct marketing purposes, you may change your mind at any time by writing to or emailing us.

We will not sell, distribute or lease your personal information to third parties unless we have your permission or are required by law to do so.

You may request details of personal information which we hold about you under the Data Protection Act 1998. If you would like a copy of the information held on you please write to carrie.brassley.yoga@gmail.com

If you believe that any information we are holding on you is incorrect or incomplete, please write to or email us as soon as possible, at the above address. We will promptly correct any information found to be incorrect.

Your use of the CBY website www.carrie.yoga and any dispute arising out of such use of the website is subject to the laws of England, Scotland and Wales.